Mid-Autumn Festival 中秋节 (Zhong Qiu Jie)

What do you think of when you hear Mid-Autumn Festival? Or perhaps, you better know it as Moon Festival? The first thing that people this of is mooncake season!!!! What does it mean to eat mooncakes? Why is mooncake so special?

First, how did we come to celebrate the moon, and why is it called Mid-Autumn Festival?

History of Mid-Autumn Festival

Mid-Autumn Festival 中秋节 (Zhong Qiu Jie), also known as Moon Festival, falls on the 15th moon day of the 8th Chinese lunar month. This year, it falls on October 4th. During Moon Festival, it is a tradition that we eat delicious round dessert cakes called "moon cakes".

One legend says leaders preceding the Sung Dynasty (960-1280 A.D.) were unhappy with foreign rule of the Mongols. They conspired to send secret messages of a plan of attack in special round cakes on the 15th moon day. Through these messages, they were successful in overthrowing the Mongolian government. Since then, celebrated with eating mooncakes to symbolize peace, good luck, and happiness.

Another legend is one of a famous archer named Hou Yi. Hou Yi saved the Earth by striking 9 out of the 10 suns in the sky that was burning the Earth and making people's lives difficult. He was presented an elixir, which, if taken, would cause him to ascend immediately to heaven and become a god/goddess. Instead, his beautiful wife, Chang E drank the elixir, and flew out of the window into the sky. Chang E's great love for her husband drew her towards the Moon, which is the nearest place to the earth on the heaven. Hou Yi grieved and mourned her disappearance until he noticed a figure which looked just like his wife appeared in the Moon, and prays to the moon for peace and good luck.

10 Popular Mid-Autumn Festival Traditions and New Customs:

1. Eating Mooncakes — Most representative tradition.
2. Appreciating the Moon — A symbol of family reunion.
3. Worshipping the Moon — A disappearing tradition.
5. Having Dinner Together — Happy family reunion time.
6. Giving Gifts — To friends, relatives, and staff.
7. Sending Celebration Messages — To those who are far away.
8. Short Distance Traveling — A new fashionable custom.
10. Watching Movies — For those who don't have any other ideas.
**Who’s Who in Oo Syak Gee Lu Society**

### 2017 Officers:

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>President</td>
<td>Donna N. Chang</td>
</tr>
<tr>
<td>1st Vice Pres</td>
<td>Clayton K.L. Chang</td>
</tr>
<tr>
<td>2nd Vice Pres</td>
<td>Paulette K.Q. Chang</td>
</tr>
<tr>
<td>Treasurer</td>
<td>Daryl H.K. Hu</td>
</tr>
<tr>
<td>English Secretary</td>
<td>Constance K.H. Mark</td>
</tr>
<tr>
<td>Chinese Secretary</td>
<td>Mildred Ai-Chang</td>
</tr>
<tr>
<td>Ex-Past President</td>
<td>Ethel Chang Chow</td>
</tr>
</tbody>
</table>

### 2017 Committees:

<table>
<thead>
<tr>
<th>Committee</th>
<th>Chairperson(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Financial Committee</td>
<td>Daryl Hu, Clayton Chang, Albert Young</td>
</tr>
<tr>
<td>Membership Committee</td>
<td>Clayton Chang, Alicia Sakamoto, Edith Won, Betty Chun, Patricia Ching</td>
</tr>
<tr>
<td>Public Relations Committee</td>
<td>Eric Chang, Edmund Chang, Ellen Chang</td>
</tr>
<tr>
<td>Scholarship Committee</td>
<td>Jamie Chang, Mildred Ai-Chang, Gwendolyn Chang Fu, Hubert Chang, Jocelyn Chang-Chuck, Edith Won</td>
</tr>
<tr>
<td>Banquet &amp; Events Committee</td>
<td>Constance Mark, Donna Chang, Jamie Chang, Margaret Chang, Paulette Chang, Herbert Mark</td>
</tr>
<tr>
<td>Nominating Committee</td>
<td>Ernest Chang, Deanna Chang, Evelyn Chang</td>
</tr>
</tbody>
</table>

### 2017 Board of Directors:

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alvin G.K. Chang</td>
<td>President</td>
</tr>
<tr>
<td>Deanna Chang</td>
<td>1st Vice Pres</td>
</tr>
<tr>
<td>Edmund W.K. Chang</td>
<td>Treasurer</td>
</tr>
<tr>
<td>Ellen M. Chang</td>
<td>English Secretary</td>
</tr>
<tr>
<td>Eric W.T. Chang</td>
<td>Chinese Secretary</td>
</tr>
<tr>
<td>Ernest G.C. Chang</td>
<td>Ex-Past President</td>
</tr>
<tr>
<td>Hubert W.N. Chang</td>
<td></td>
</tr>
<tr>
<td>Margaret M.H. Chang</td>
<td></td>
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<tr>
<td>Gwendolyn Chang Fu</td>
<td></td>
</tr>
<tr>
<td>Jamie M.Y. Chang</td>
<td></td>
</tr>
<tr>
<td>Jocelyn Chang-Chuck</td>
<td></td>
</tr>
<tr>
<td>Edith P.S. Won</td>
<td></td>
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<tr>
<td>Albert S.N Young</td>
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</tbody>
</table>

### Notice for BOD Meetings

This is a quick reminder and general rule of thumb for all Board of Director Meetings.

1. **Please be on time.** Meetings begin promptly at 10:30am, unless otherwise noted. Please show up on time and be situated by the start of each meeting.

2. **Keep chatter and noise to a minimum.** Directors show up to meeting to conduct business. Members are allowed to attend to know what’s going on. Please be mindful to the noise at your table and give respect to the directors conducting the meeting.

3. **Reservations ten (10) days prior.** Reservations are to be made beginning one month prior to, and no later than ten (10) days before the meeting date. This is so we can get an accurate head count for the number of tables and food to be ordered. Members are to call the Chinese Secretary, Millie Ai-Chang at 422-2964 for reservations.

4. **Charge for “no shows”.** There is a $15.00 charge for any person who has made reservations, and does not show up to the meeting. Reservations for future meetings can not be made until $15.00 payment(s) have been collected.

5. **Cancellations after reservations made.** Cancellations can be made up to two days prior to meeting date without being charged $15.00.

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*Newsletter Editor: Jamie Chang
5355 Papai Street • Honolulu, HI 96821
Email: missjmechang@gmail.com
Phone: (808) 387-9854*
OSGL Membership

More than one year ago, OSGL bylaws have changed to include descendant of the female lineage to become members. Since the bylaw change, we have received numerous applications, and accepted more than 50 new members. If you are interested in applying for our membership, guidelines and applications are posted on our website at www.oosyakgeelu.com. There is a one-time application fee of $25.00 for lifetime membership.

BENEFITS OF BEING A MEMBER:

As a member, you can attend the many functions we have at little or no cost at all. Two of our biggest functions are the Annual Banquet (August) and the Christmas Party (December). Throughout the year, we also participate in Chinese parades, picnics, and social gatherings where lunch is usually provided free to members. We also have a scholarship program for members that will help student’s aid for financial assistance. (see pages 4-5 for this year’s scholarship winners.)

Welcome Our New Members

Here is a list of current applicants who have recently been accepted.

Bradley Wong

Congratulations to all of our new members! We hope to see you at our future meetings and events!

If you have any questions concerning membership, please contact our Membership Chairperson, CLAYTON CHANG at:

5355 Papai Street • Honolulu, HI 96821
Email: cc_ent@hotmail.com
Phone: (808) 228-5264

Looking for Contributing Editors….

Are you an aspiring writer? Do you have a creative mind? Want to try your hand at writing? Or researching topics of interest? We are looking for contributing editors to write articles in our quarterly newsletter. You can cover OSGL events, or research a new topic. Or you can share some insights of your past experiences or trips you have taken to China or Oo Syak Village.

If you are interested, please contact our newsletter editor Jamie Chang at the information below.

Share with us news about a new member or death in your family, a new job or retirement, a milestone graduation or birthday, special trips or memories in China.

Please submit your stories and any accompanying photos, or any ideas for stories to our newsletter editor, Jamie Chang at missimechang@gmail.com or call 387-9854.

Please visit our website at: www.oosyakgeelu.com
Annual Banquet Recap

We were sold out once again at the Mandalay Restaurant in August for OSGL’s Annual Banquet. We had a full 7-course dinner shared amongst 33 tables of OSGL members, families, and friends.

If you missed our banquet, there is another opportunity to join great camaraderie in December at our Christmas Luncheon. We will have an exciting program with brand new fun and games. See page 6 for more details.

Annual Family Day Picnic at Kapiolani Park

This past August, we had the Annual Family Day Picnic at Kapiolani Park. It was a hot summer day with beautiful Hawaiian trade winds to keep us cool.

The picnic opened up with a traditional Chinese lion dance, and then the games began. From musical chairs, to tug-of-war, water balloon toss, and the scavenger hunt. All of our members had a blast. Two members, 1st Vice President Clayton Chang and Hamilton Chang, was on the winning team for adult tug-of-war. Water balloon champs, Ernest Chang and Jamie Chang, held the title again this year, for the seventh year in a row!!!!

We enjoyed a hamburgers and hot dogs for starters, and then a Chinese bento lunch with ice-cold watermelon for dessert.
How the Chinese Celebrate Mid-Autumn Festival:

Since 2008, Mid-Autumn Festival has been a 3-day public holiday in mainland China. This year, the actual holiday is on October 4th. But from October 1–8, it is combining the National Day holiday and a three weekend days. It is the second largest holiday in China next to Chinese New Year, otherwise known as Spring Festival.

Chinese people celebrate the Mid-Autumn festival with many traditional and meaningful activities, such as eating dinner with family, hanging lanterns, guessing lantern riddles, and worshipping the moon. However, new celebrations have developed in recent years. The younger generations prefer traveling, surfing the Internet, and using smart phone apps to celebrate with their families.

Mooncakes are the must-eat Mid-Autumn food in China. They are a kind of traditional Chinese pastry. Chinese people see in the roundness of mooncakes a symbol of reunion and happiness.

Other foods eaten during the festival are harvest foods, such as crabs, pumpkins, pomeloes, and grapes. People enjoy them at their freshest and most nutritious.

Festival food traditions are also changing. The younger generations have their own ideas about what should be eaten. Most of them don’t like mooncakes, and prefer to eat whatever they want.

Different Types of Mooncakes:

In recent years, a variety of modern mooncakes were created with new flavors and textures. Mooncakes 月饼(yue bing), are commonly 2-4" in diameter and 2" high. Usually with a dense paste filling of red bean, black bean, white lotus paste, or five nut blend and a whole salted egg yolk, surrounded with a brown pastry crust, mooncakes are no longer limited to these traditional flavors.

Innovative flavors, such as savory meats, vegetables, green tea, fruit, or ice cream flavors have been introduced. New outer crust layers such as snow skin, mochi, or even jelly were also developed.

The shape and patterns on the top of the mooncake also evolved. New shapes such as flowers, or even zodiac animals have been produced.

American chain stores such as Haagen Dazs, Dairy Queen, and Starbucks have introduced their own twists on mooncakes in China to tremendous and popular demand.
Christmas Luncheon

First there's a BOO! 🎃
Happy Halloween!
Then there’s Gobble Gobble!
Happy Thanksgiving! 🦃
And before you know it…
Ho! Ho! Ho! 🎅🏻 Sleigh bells ring…
Are you listening? ❄️ rudolph ~ Christmas is coming just around the corner.

Our annual Christmas Luncheon will be held on Saturday, December 2\textsuperscript{nd} at Golden Palace. We will not only enjoy the camaraderie of our fellow members and friends, but we will have an exciting program with fun and games, and Christmas cheer this year.

Please make sure to RSVP, and be ready to begin the holiday season. Members are free to attend, and non-members are only $15 per person. Reservations will begin to be taken at the October 15\textsuperscript{th} BOD Meeting at Fook Yuen. However, if you are not able to attend our BOD meeting, please contact Connie Mark to reserve your seat at our Christmas Luncheon.

\begin{center}
\textbf{CHRISTMAS LUNCHEON}
\end{center}

\begin{itemize}
  \item **Place:** Golden Palace Restaurant
  \item **Date:** Saturday, December 2\textsuperscript{nd}
  \item **Time:** 10:30am
  \item **RSVP:** Connie Mark at 455-5221
  \item **Email:** connie.mark@gmail.com
\end{itemize}

2017 Model Chinese Citizen of the Year

The United Chinese Society is currently searching for candidates for its 2017 Model Chinese Citizen of the Year. The purpose of this annual project, which was initiated in 1994, is to honor and recognize a candidate who has best provided outstanding leadership, direction and contributions to the Chinese community and the Hawaii community in general. You are invited to submit your nominee by completing forms from the United Chinese Society before 5:00pm on Friday, September 29, 2017.

Nominees will be judged by a panel of leading citizens, and the winner will be honored at the United Chinese Society annual banquet in December.

For further information, please call Ms. Lani Kwong, Executive Assistant of the United Chinese Society at 536-4621.

\begin{center}
\textbf{DOUBLE TEN PARADE}
\end{center}

\begin{itemize}
  \item **Place:** Chinatown Cultural Plaza
  \item **Date:** Sunday, October 8\textsuperscript{th}
  \item **Time:** 9:30am
  \item **RSVP:** Connie Mark at 455-5221
  \item **Email:** connie.mark@gmail.com
\end{itemize}

OSGL is looking for participants to march in a mini parade for the Double Ten national holiday for the Republic of China. It marks the 106\textsuperscript{th} birthday for modern day Taiwan, similar to America’s July 4\textsuperscript{th}, Independence Day.

There will be a short program in the beginning to provide history on this momentous day, followed by a lion dance performance, and a mini parade around Chinatown Cultural Plaza. The parade ends with a lei presentation at the statue of Dr. Sun Yet Sen on River Street Mall.

Parking validations will be provided for participants, and OSGL will gather for a luncheon at a nearby restaurant.

Please join OSGL as we support the efforts of Dr. Sun Yet Sen and the beginning of a revolutionary political overthrow to independence from a communist world. Participants are asked to wear their OSGL grey t-shirts and their red OSGL hats.

If you are interested in participating, please call Connie Mark at 455-5221 or email her at connie.mark@gmail.com by September 27\textsuperscript{th}.
Chinese Superstitions

1. If one hits another person with a broom, the hitter will get bad luck and he will ruin his life.
2. The Chinese believe that one should keep a well-shaven face. If one wears a moustache it should be well-trimmed. If one violates this norm it will give bad luck.
3. Another Chinese superstition is that if a dog howls for a few hours in late night, it means someone died somewhere.
4. It is another superstitious belief of the Chinese that if one has a dream of teeth or snow, it indicates that his parents are dead.
5. If a baby cries for no reason, the Chinese believe that there are ghosts around and the child is disturbed by the ghosts.
6. Another superstition of the Chinese is that building a house facing the North would bring bad luck and ruin the family.
7. It is a superstition among the Chinese that if one marries a person who is either three or six years older or younger is bad and it will bring bad luck to the couples.
8. The Chinese believe that clipping toe-nails or finger-nails at night would bring ghosts or spirits to that place.
9. Another popular Chinese superstition is that if one points at the moon with one’s finger it will make one’s ear tips fall off.
10. Another popular belief of the Chinese is that if one encages and keeps a turtle as a pet, it will ruin his business and fortune, for it will slow a person’s business down.
11. As part of another popular superstition of the Chinese people, eating noodle will not be easy in China. This is because the popular belief is that an uncut noodle in soup will increase longevity. If the noodle is cut it will cut the longevity. Some times people may chock if the noodle is too long.


Note Your Calendars!

Our Banquet Committee is still selecting locations and menus for events this year. Please note the dates in your calendars, and we will update times and locations in future newsletters.

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time / Location</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oct 4</td>
<td>Mid-Autumn Festival</td>
<td>(See page 5 for events in Hawaii)</td>
<td></td>
</tr>
<tr>
<td>Oct 8</td>
<td>Double Ten Parade</td>
<td>9:30am / Chinatown Cultural Plaza (meet in courtyard, under the pavilion)</td>
<td>Connie Mark by 9/27</td>
</tr>
<tr>
<td>Oct 15</td>
<td>BOD Meeting</td>
<td>10:30am / Fook Yuen</td>
<td>Mille Ai-Chang by 10/5*</td>
</tr>
<tr>
<td>Nov 12</td>
<td>General Membership Meeting</td>
<td>10:30am / Maple Garden</td>
<td>Mille Ai-Chang by 11/9*</td>
</tr>
<tr>
<td>Dec 2</td>
<td>Christmas Luncheon</td>
<td>10:30am / Golden Palace</td>
<td>Connie Mark by 11/22</td>
</tr>
<tr>
<td>Jan 14</td>
<td>Installation Meeting</td>
<td>11:00am / Jade Dynasty</td>
<td>Mille Ai-Chang by 1/4*</td>
</tr>
<tr>
<td>Jan 28</td>
<td>BOD Meeting</td>
<td>10:30am / Mandalay Restaurant</td>
<td>Mille Ai-Chang by 1/18*</td>
</tr>
<tr>
<td>Feb</td>
<td>Night in Chinatown Parade</td>
<td>TBD</td>
<td>TBD</td>
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<tr>
<td>Feb 16</td>
<td>Chinese New Year</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Apr 15</td>
<td>BOD Meeting</td>
<td>10:30am / Wah Kung</td>
<td>TBD</td>
</tr>
</tbody>
</table>

* To RSVP for Board of Directors meetings please call Mille Ai-Chang at 422-2964 by the deadlines listed above beginning one month prior to the event.
*a For parades or Christmas Luncheon reservations, please call Connie Mark at 455-5221 or email connie.mark@gmail.com.*
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